

SUPPORTING HANDWRITING

TIPS FOR PARENTS AND TEACHERS



POSTURE

- Make sure pupil is sitting at the right size table and chair
- Facing the board
- Feet on the floor
- A sloping surface may help



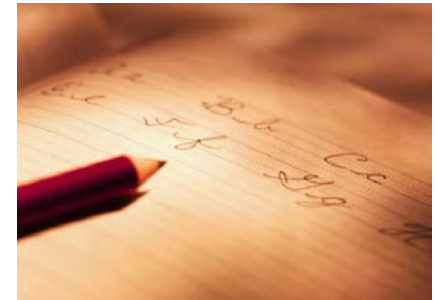
POSITION

- Pupil needs to see what they are writing
- Paper tilted slightly to side
- Paper kept still with non-writing hand
- Masking tape or “blutac” could be used to help keep paper still



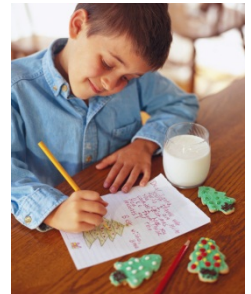
MATERIALS

- Line size of paper must match the size of child's writing
- Highlight the line if child finds it hard to follow
- Provide line for ascenders and descenders
- Try a shorter, thicker pencil
- Try a rubber pencil grip



LETTER FORMATION

- Practise on a larger scale
- Make up a little “ditty” – “up, over, down and round” etc to say when writing
- Try a cursive style where lots of letters start and end in the same place
- Provide a sample card with their writing books for reference
- If confusing b/d make a bed card to use as a prompt
- Use all senses – make sand paper letter, use chalk, paint, water, shaving foam etc to write in and with.



WHAT NEXT.....

- If you still have concerns with your child's handwriting, please contact their class teacher or the school SENCO
- The school may refer your child to a specialist teacher for extra support if appropriate.

